

# ISMHAA

GLOBAL MOVEMENT FOR MENTAL HEALTH

# INTERNATIONAL SOCIETY FOR MENTAL HEALTH ADVOCACY AND ACTION

7th - 8th Jan, 2026

9.00 AM - 7.00 PM

India Habitat Center, New Delhi









# **VISION**

To build a world where mental health is valued, protected and promoted through collective advocacy, evidence based action and compassionate community engagement.



# MISSION

To connect professionals, policymakers, educators and communities across the world in order to promote evidence based research, training and ethical practice and to bring mental health and wellbeing to everyone through committed action, compassionate collaboration and policy advocacy.







## **PRESIDENT'S MESSAGE**



Dr. Chinu Agrawal (Ph. D)

Dear Friends, Colleagues, and Fellow Advocates,

It is with immense joy and a deep sense of purpose that I welcome you to the International Society for Mental Health Advocacy and Action (ISMHAA). ISMHAA has emerged from a shared dream, a dream of creating a world where mental health is not an afterthought but an essential pillar of human life; where compassion and science walk hand in hand.

In my years of working as a Psychologist and Educator, I have seen how mental health conversations can be restorative and transformative, depending on how responsibly they are held. We live in a time when emotions are surging, reactivity is high, yet human understanding, emotional regulation and capacity to connect compassionately with each other is often deficient. The need of the hour is to bring the essential knowledge and skills from action research in Psychology to everyone so that every individual can experience a rich, meaningful and purposeful life.

ISMHAA is committed to bring together people from all walks of life: mental health professionals, educators, policymakers, healthcare professionals, working professionals, researchers, community organizations, and individuals with lived experiences on the same platform so that they are not only included but involved in enhancing not only their own mental health but also spread this awareness and be an important voice for change.

To everyone reading this whether you are a student, a practitioner, a policymaker, or simply someone who believes that compassionate action can transform lives, you have a place here.

Your voice matters.

Your story counts.

And your presence can make a difference.

Let us work together to ensure that mental health is valued, protected, and promoted not as charity or crisis response, but as a fundamental right and a collective responsibility.

Warm regards,

#### Dr. Chinu Agrawal (Ph. D)

Psychologist & Psychotherapist
President, International Society for Mental Health Advocacy and Advancement (ISMHAA)
Director Feeling Minds
Trustee & Research Head, Hema Foundation,
Director, Adolescent Mental Health, WHEELS Global Foundation USA.
Prof. Department of Psychology, SAM Global University, Bhopal
International affiliate, American Psychological Association.
Internationally listed ACT therapist.
International affiliate, ACBS (Association of Contextual Behavioral Science).
Professional Member, International Association of Suicide Prevention.





Be the voice for policy change.

Bring Action Research in Psychology to Everyone. Support solutions that are valid and evidence based.

Recognize and support those creating real impact.

**What Makes ISMHAA Different?** 

We don't just talk, WE ACT!



We measure success of Mental Health Initiatives in impact, not just intentions.



We bring policymakers, professionals, experts and communities to the same table.



We empower grassroots voices as much as those of global leaders.







## **OUR AREAS OF ACTION**



#### **Policy Advocacy and Systems Change**



- Collaborating with governments, institutions, and international bodies to integrate mental health into public policy.
- Promoting equitable access to quality mental health services across all strata of society.
- Influencing legislation and workplace policies to safeguard psychological well-being and human rights.

#### Research and Evidence-Based Action



- · Conducting and supporting interdisciplinary research to identify emerging mental health
- Translating research into practical, community-level interventions.
- Publishing and disseminating findings to bridge the gap between science, policy, and
- Publications, books on evidence based Psychology and Mental Health written in simple, accessible, regional languages, so people can understand, read it and apply Psychological insights in their daily lives.

#### Capacity Building and Professional Development



- Training mental health professionals, educators, and community leaders in evidence-based approaches.
- Building a network of global advocates equipped to drive mental health initiatives in their
- Developing specialized certification programs for gatekeepers, counselors, and first responders.

#### **Community Engagement and Public Awareness**



- Organizing global and local campaigns to destigmatize mental health.
- Empowering communities to take ownership of their mental well-being through education, storytelling, and social media outreach.
- Encouraging cross-sector collaboration among healthcare, education, and corporate entities.

#### Youth and Education Initiatives



- Promoting emotional education and mental health literacy in schools and universities.
- Establishing youth leadership programs for advocacy and peer support.
- Supporting the creation of SEL and IKS-based mental health models aligned with NEP principles.

#### Global Partnerships and Collaborative Networks



- Partnering with universities, NGOs, and international organizations to create unified mental health movements.
- Facilitating knowledge exchange, joint projects, and global conferences to strengthen advocacy efforts.

#### **Action for Vulnerable and Marginalized Groups**



- Focusing on mental health care access for the elderly, women, children, and underserved communities.
- Advocating for trauma-informed and culturally sensitive interventions.
- Ensuring representation and inclusion in all levels of decision-making.









## **EXECUTIVE COMMITTEE OF ISMHAA**

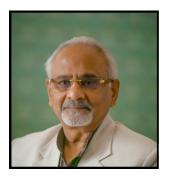
The Executive Committee of ISMHAA serves as the engine of leadership and integrity, ensuring that every action from research and advocacy to policy reform and education, reflects the Society's vision of building a world where mental health is valued, protected, and promoted through collective, evidence-based, and compassionate action.

The Executive Committee of ISMHAA serves as the principal governing and decision-making body of the organization, ensuring that the Society's vision, mission, and strategic goals are translated into effective action.

The EC is responsible for upholding the values of scientific rigor, compassion, collaboration, and integrity across all programs, partnerships, and policy initiatives.



Dr. Chinu Agrawal
President, ISMHAA



**Dr. Sushil Gupta** Vice President, ISMHAA



**Dr. Ravindra Agrawal** Treasurer, ISMHAA



Ms. Seepra Jajoo Creative Head, ISMHAA



**Ms. Neha Patil**Joint Secretary, ISMHAA

# GRATITUDE TO OUR ESTEEMED PATRONS FOR THEIR GUIDANCE AND SUPPORT



Our Patrons are the custodians of the vision of ISMHAA. They provide us strategic guidance, represent ISMHAA at National and International forums, support policy change, facilitate partnerships with academic institutions, corporate sectors, NGOs, and government bodies and provide financial or institutional support through sponsorships, endowments, or project partnerships.



Dr. Arthur C. Evans

CEO for American
Psychological
Association, USA



Shri Mahendraji Kabra

MD- RR Kabel

Managing Trustee- Hema

Foundation



Shri Manoj ji Joshi Renowned Indian Actor and Theatre Artist, Trustee, Hema Foundation



Dr Ann Vernon

Professor Emerita, University of
Northern Iowa; Immediate Past
President, Albert Ellis Institute,
New York, USA



Dr Julie Diamond

Founder of Diamond Leadership,
Executive coach, International
Leadership Consultant, and author
of Power: A User's Guide.



Dr Rainer Kurz

Chief Psychologist, HUCAMA
Analytics Ltd,
London/Copenhagen.



Dr Jamuna Rajeswaran

Head, Dept. Of Psychology, NIMHANS, Bangalore. President, Clinical Psychology Society of India(CPSI)



Dr Indrani Hemant Kumar

Prof. & Head, Dept. of Anesthesia, Pain & Critical Care, Symbiosis Medical College for Women & SUHRC, Pune

## **ADVISORY COUNCIL MEMBERS**



The Advisory Council is the intellectual and ethical backbone of ISMHAA consisting of eminent academicians, Psychologists, educators, health professionals, policymakers, and thought leaders who uphold its scientific rigor, and ensure the highest standards of integrity, inclusivity, and impact.



**Dr. Rakesh Bhatia**Senior Pediatrician, India,
President-Elect Academy of
Pediatric Neurology UP



Prof. Dr KG Suresh
Senior Journalist-turned
Academician, Educationist,
Institution Builder, Socio
Political Commentator &
Communication Strategist



Dr.Kiran Modi
Founder & Managing
Trustee, Udayan
Care, Delhi.



Dr Alok Mishra

Post Doc (AIIMS), Ph.D (Psy),
LL.B, LL.M (UK), MBA (IIM)
Joint Secretary, Association of
Indian Universities



Dr Anand Kumar
President IAHP,
Distinguished Psychologist,
Honorary Director of Ashadeep Institute of Mental
Health, Varanasi



Prof. Hrushikesh Senapaty

Former Director, (NCERT), India
Eminent Educationist & Policy
Expert



MD FICCM FCCM. President elect ISCCM National. Director Department of Anesthesia and Critical Care Medicine Synergy Plus Hospital and Galaxy Hospital Agra.

Dr Ranveer Tyagi



Dr. Deeptimala Agrawal
Senior, Intensivist, Agra
Distinguished Anesthesiologist, Critical
care specialist and Writer



**Dr. Satya Saraswat**Sr. Cosmetic Consultant & Plastic
Surgeon at Saraswat Hospital, Agra



## STANDING COMMITTEES

The Standing Committees are the specialized working arms of ISMHAA They ensure that the Society's mission, integrating policy, education, research, and community action is implemented with continuity, expertise, and measurable outcomes.

Each committee functions as a permanent body focusing on a thematic or operational area, under the overall guidance of the Executive committee and the Advisory Council.

To Join any of the standing committees as per your interest area or nominate someone please mail at office.ismhaa@gmail.com

#### **Operational Framework**

- Tenure 1 year (renewable by the Executive Committee)
- Meetings Minimum 4 per year (virtual or in-person)
- Annual activity report to be submitted to Executive Committee.
- Cross-Collaboration Committees may form task forces for multi-domain projects
- Membership Based on expertise, representation, and contribution record

#### **Role Description**

- Chairperson Senior expert or thought leader nominated by the Executive Committee.
- Vice-Chairperson Second-in-command ensuring continuity and co-leadership.
- Coordinators (2-4) Responsible for documentation, communication, and reports.
- Core Members (5–12) Professionals, researchers, educators, and policy advocates.
- Youth / Student Representative (1–2) Early-career professionals or students.

# OUR STANDING COMMITTEES



#### **Research and Publications Committee**

ISMHAA

01.

- Guide research priorities, methodologies, and publications.
- Oversee white papers, reports, and edited volumes.
- Ensure ethical standards in collaborative research.
- Maintain repository of global and national studies.
- Conduct research and publication workshops for professionals and students.

#### **Policy and Advocacy Committee**

ISMHAA

- 02.
- Develop and review policy recommendations for governments and institutions.
- Advocate for rights-based, inclusive, and culturally responsive policies.
- Conduct policy literacy workshops for professionals and students.
- Liaise with ministries, councils, and international bodies for advocacy.
- Monitor progress of Mental Health Acts, NEP, and SDG-linked initiatives.

#### Education, Training, and Curriculum Committee

ISMHAA

- 03.
- Develop curricula for emotional education, SEL, and counselor training.
- Partner with schools and universities to integrate mental health education.
- Create training standards and accreditation systems for facilitators.
- Collaborate with RCI, NCAHP, University Departments and education boards for alignment of education needs and delivery.

# O4. Health Care and Mental Health Practice Committee

ISMHAA

- Integrate mental health within primary and secondary healthcare.
- Develop clinical guidelines for ethical practice, assessment, and teletherapy.
- Support hospitals and clinics in building multidisciplinary mental health units.
- Address suicide prevention, workplace stress, and access to care.



#### **Adolescent Mental Health Committee**

ISMHAA

05.

- Focus on school-based and community-based programs for adolescents.
- Research issues like body image, social media, identity, and peer influence.
- Develop training modules for teachers, parents, and youth mentors.
- Advocate for mental health policy inclusion for adolescents in NEP and health programs.
- Collaborate with international youth networks for dialogue and leadership development.

#### **Child Neurodevelopmental Disorders Committee**

ISMHAA

06.

- Focus on Autism Spectrum Disorders, ADHD, Learning Disabilities, and Developmental Delays.
- Create guidelines for early identification, inclusive education, and parental training.
- Promote interdisciplinary collaboration between psychologists, educators, pediatricians, and therapists.
- Conduct policy advocacy for inclusion and special education standards.
- Support research and awareness campaigns on neurodiversity acceptance.

#### **Community Mental Health Committee**

**ISMHAA** 

07.

- Organize public awareness campaigns and community workshops to educate and empower people.
- Include people with lived experiences and their voice in Mental Health awareness campaigns and programs.
- Develop communication materials in regional and accessible formats.
- Strengthen collaborations with NGOs, Health care professionals and educators at the grass root level to promote community mental health. leaders.

# **Corporate and Organizational Wellness and Partnerships Committee**

ISMHAA

08.

- Build collaborations with corporate houses, NGOs, and government agencies.
- Support CSR-based mental health programs and institutional wellness policies.
- Organize leadership workshops on emotional intelligence and workplace well-being.



#### **Technology, Innovation and Data Ethics Committee**

ISMHAA

09.

- Guide ethical use of AI, teletherapy, and digital mental health tools.
- Promote innovation through apps, data platforms, and virtual interventions.
- Develop privacy and consent protocols for technology-enabled mental health.

#### **Administration, and Governance Committee**



10.

- Ensure transparency in budgeting, funding, and membership processes.
- Oversee auditing and financial compliance.
- Maintain governance standards and code of ethics for all chapters.

#### **Youth and Student Engagement Committee**



- Empower young professionals through internships and leadership programs.
- Organize Youth Mental Health Summits, research programs, awareness programs and varied events and competitions.
- Promote global student collaboration through fellowships and exchanges.

#### International Relations Committee

**ISMHAA** 

12.

- Strengthen global partnerships with international mental health organizations, universities, and policy bodies.
- Organize Global Policy Roundtables and International Collaboration Forums to share best practices and innovations.
- Support ISMHAA mission across continents for sustained engagement and action.







## STANDING COMMITTEES

Chairman, Corporate and Organizational **Wellness and Partnerships** Committee



Mr. Ratan Agrawal President, WHEELS Global Foundation

Chairman, **Research and Publications** Committee



Dr .Tushar Singh Prof. Dept. Psychology, BHU, Varanasi Renowned Researcher and Psychologist

Committee

Chairman,

**Adolescent Mental Health** 

Dr. Preeti Galagali Senior Pediatrician, Trailblazer in the field of adolescent health in India.



Chairman,

Child Neurodevelopmental

Prof. Sheffali Gulati FRCPCH (UK), FAMS, FIAP, FIMSA, FNASc, FIANS, Faculty-in-charge, Child-Neuro Development, AIIMS, Delhi

Chairman, **Health Care and Mental Health Practice Committee** 



Dr. Sujatha Sathapathy

Associate Professor, Dept. of Psychiatry, AIIMS, Delhi

Chairman, Youth and Student **Engagement Committee** 



Dr. Nimisha Kumar

Renowned Clinical Psychologist, Founder President IACBT, President ACBTA, Director Ascend PsyCare.

**Community Mental Health Committee** 

Chairman,

Dr. Renu Agrawal

Professor & Head of Community Medicine Dept. S.N. Medical College, Agra



Chairman,

Technology, Innovation and

**Data Ethics Committee** 

Dr. Rakesh Jain

Prof. Dept. Psychology, GKV, Haridwar, UK.

Chairman. International Relations Committee



Dr. Alka Kalra

Renowned Psychologist, Director, Eduscan, Dubai

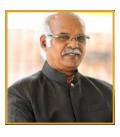
Chairman, **Policy and Advocacy** Committee



Adv. Namrata Mishra

Woman & CHILD Rights **Expert Family Law** Practioner, Agra

Chairman, Education, Training, and **Curriculum Committee** 



Dr. Panch Ramalingam

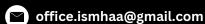
President, INSPA, Director at the UGC - Human Resource Development Centre of the Pondicherry University, Puducherry

Chairman, Administration, and **Governance Committee** 



Shri. Ashish Agrawal

Senior Chartered Accountant Accountant, Career Counsellor, Parenting Educator Amravati







# STATEWISE CHAPTERS

# PURPOSE OF THE STATE CHAPTERS

The State Chapters represent the regional arms of ISMHAA dedicated to promoting the Summit's goals within each state and union territory of India.

Each chapter works to localize mental health policy dialogues, community outreach, and education, while maintaining alignment with the national and global vision of the network

#### **OBJECTIVES**

- 1. To decentralize the network's initiatives, making them accessible at the state and district levels.
- 2. To foster collaboration among local institutions, policymakers, and practitioners.
- 3. To gather state-specific data, challenges, and best practices for policy advocacy.
- 4. To organize trainings, seminars, and research projects contextualized to local needs.
- 5. To promote mental health literacy, inclusion, and community resilience through policy-based interventions.

#### CORE RESPONSIBILITIES OF STATE CHAPTERS

#### 1. Regional Advocacy & Implementation

- Translate national policy recommendations into state-level advocacy actions.
- Collaborate with local health and education departments for implementation pilots.
- Conduct policy awareness drives at community, institutional, and media levels.

#### 2.Community Engagement

- o Organize workshops, webinars, and teacher/clinician training programs.
- Conduct Mental Health Literacy Camps in collaboration with NGOs and schools.
- Launch state-level campaigns on stigma reduction, suicide prevention, and emotional well-being.
- Involve parents, caregivers, educators, and community leaders.
- Identify and highlight success stories and indigenous practices.

#### 3. Research and Data Collection

- Document local challenges, cultural patterns, and case studies.
- Conduct state-specific surveys and publish policy briefs.
- Share annual research findings with the appropriate standing committees for inclusion in the White Paper Reports.

#### 4. Networking and Collaboration

- Partner with universities, hospitals, NGOs, and government agencies.
- Facilitate internships, volunteering, and mentorship programs for students.
- Host mini-summits, roundtables, or policy dialogues within the state.



#### **BENEFITS OF STATE CHAPTERS**

#### For Chapter Members

- Recognition as part of an official state-level body under the national network.
- Access to resources, toolkits, and data from the national headquarters.
- Eligibility to represent the state at national conventions, summits, and advisory meetings.
- Priority consideration for grants, awards, and publications.

#### For the State

- Localized mental health advocacy and policy awareness.
- Data-driven recommendations to State Health and Education Departments.
- Visibility for the state's innovations and models in national and international forums.
- Opportunity to host annual or regional summits.

#### STRUCTURE OF A STATE CHAPTER

Each State Chapter shall be formed under the guidance of the Executive Committee and the Advisory Council.

#### FORMATION PROCESS

- 1. Expression of Interest (EOI): At least 5 Life Members from a state apply jointly.
- 2. Review: Executive Committee evaluates proposal and leadership nominations.
- 3. Approval: Once the Executive Committee approves the proposal, State Charter will be issued and members will receive official recognition.
- 4. Launch: Public inauguration through a webinar or local event in the presence of Executive Committee members.

#### **CHAPTER COMPOSITION**

- State Chairperson: Mental health professional / Health Care Professional / Academic leader appointed by the Executive Committee
- Vice-Chairperson: Representative from the Mental heath, education, health sector, corporate sector community.
- Secretary: Responsible for coordination, reporting, and communication
- Treasurer: Manages financial aspects and local partnerships
- Executive Members: (5–10) Includes professionals, NGO representatives, educators, researchers, and individuals with lived experience
- Student Representatives: (5-10) Selected from local universities or colleges

#### **ANNUAL RECOGNITION**

- Every year, the ISMHAA will recognize:
- Most Active State Chapter
- Best Community Initiative
- Innovative Research Contribution
- Outstanding Leadership Award (State Chairperson or Secretary)

# INTERNATIONAL CHAPTERS



# PURPOSE OF THE INTERNATIONAL CHAPTERS

The International Chapters represent the global wings of ISMHAA, extending its mission of integrating policy, research, education, and lived experience beyond national boundaries.

Each International Chapter serves as a regional hub for collaboration, learning, and advocacy, adapting the universal principles of mental health promotion to local contexts and cultural wisdom.

#### **OBJECTIVES**

- 1. To build a global ecosystem connecting psychologists, educators, policymakers, and mental health advocates.
- 2. To foster cross-cultural dialogue and policy exchange on mental health systems and education.
- 3. To document and promote international best practices in policy design, implementation, and advocacy.
- 4. To facilitate research collaborations, academic exchanges, and global summits.

#### CORE RESPONSIBILITIES OF INTERNATIONAL CHAPTERS

#### 1. Global Policy Engagement

- Participate in policy dialogues, UN SDG-related programs, and international forums.
- Contribute country-specific policy briefs and updates to the Global White Paper.
- Promote rights-based, culturally sensitive, and inclusive policy frameworks.

#### 2. Education & Capacity Building

- Organize lectures, workshops, and mental health literacy programs.
- Support the creation of Well-being Labs or Centers for Emotional Education.
- Train educators, counsellors, and health professionals using evidence-based models.

#### 3. Research and Data Collection

- Initiate joint research projects and cross-country comparative studies.
- Facilitate publication of global insights in the International Compendium on Mental Health Policy & Practice.
- Share innovations and indigenous approaches through ISMHAA's annual report.

#### 4. Community & Cultural Outreach

- Host Mental Health Awareness Weeks, Art & Expression Events, and Storytelling Workshops.
- Involve faith-based, cultural, and community leaders in promoting well-being.
- Highlight lived experience narratives from local populations to inform culturally grounded advocacy.

#### 5. Networking and Collaboration

- Build collaborations with universities, professional councils, government ministries, and NGOs.
- Represent the Network in international conventions, summits, and policy exchanges.
- Encourage corporate and institutional partnerships for mental health promotion and CSR initiatives.



#### STRUCTURE OF A INTERNATIONAL CHAPTER

Each International Chapter will be affiliated with the Executive Body of ISMHAA and operate under its guiding principles while adapting its activities to local realities.

#### FORMATION PROCESS

- 1. Expression of Interest (EOI): Minimum of 5 members from a country apply jointly.
- 2. Proposal Review: Executive Body of ISMHAA evaluates credibility, local partnerships, and leadership nominations.
- 3. Approval & Charter: Issuance of official charter with logo and representation rights.
- 4. Launch Event: Hosted virtually or in-person with the presence of the Executive Body and Advisory Council.

#### CHAPTER COMPOSITION

- Country Chairperson: Senior professional or academic leader in psychology, education, or health
- Vice-Chairperson: Representative from a collaborating university, NGO, or government agency
- Secretary-General: Coordinates communication with the Executive Body of ISMHAA.
- Treasurer: Manages logistics, funding, and reporting
- Core Members (5-12): Mental health professionals, educators, policy researchers, NGO representatives, and individuals with lived experience
- Youth Ambassadors (5-12) :Early-career professionals or students passionate about mental health advocacy

#### **ANNUAL RECOGNITION**

- Each year, the ISMHAA will recognize:
- Best International Chapter
- Outstanding Educational Initiative
- Innovative Research Collaboration
- Best Lived Experience Advocacy Program







# LIFETIME **MEMBERSHIP**



ISMHAA brings together Psychologists, educators, health professionals, policymakers, NGOs, and individuals with lived experiences who are passionate about shaping mental health eco systems that transform lives to make them richer, more meaningful and purposeful.

Becoming a Life Member of ISMHAA connects you to an action driven community working to make mental health a priority.

#### **MEMBER BENEFITS**

#### 1. Continuous Learning & Development

- Access to annual webinars, expert lectures, and policy dialogues conducted from time to time.
- Priority registration and opportunities for learning and continuous development with professional training partners of ISMHAA.

#### 3. Professional Recognition & Visibility

- Life Membership Certificate and ID (with unique membership number).
- Listing in the Official Member Directory on the ISMHAA website.
- Recognition on social media and during events for contributions and publications.
- Eligibility to represent ISMHAA at regional and global forums.

### Who can become members

- Mental Health Professionals (Psychologists, Psychiatrists, Social Workers, etc.)
- Educators, School Counsellors & University Faculty
- Health Administrators & Public Health Experts
- Policy Researchers & Students in Psychology, Health, or Education
- NGOs & Civil Society Leaders
- Corporate HR and CSR Professionals
- Individuals with Lived Experience or Caregiver Roles
- Thought Leaders & Change Makers in Mental Health
- Policymakers and representatives of Government bodies

#### 2. Policy and Research collaboration

- Opportunity to contribute to policy white papers, working groups, and advocacy initiatives.
- Eligibility to be part of national and international research projects under the ISMHAA network.
- Publication opportunities in the Annual Compendium of Mental Health Policy & Practice.

#### 4. Networking & Collaboration

- · Access to the Members' Forum a private digital space for collaboration, sharing, and mentorship.
- Invitation to Members' Meet-Ups (virtual / inperson) at least once a year.
- Opportunities to connect with professionals from Health, Education, and Policy sectors globally.



office.ismhaa@gmail.com





## **ANNUAL MEMBERSHIP**



As an Annual Member, you become part of an international network promoting awareness, education, and collaboration in mental health. You gain access to select webinars, updates, and community discussions throughout the year, along with participation in ISMHAA campaigns.

#### Who can become members

- Mental Health Professionals (Psychologists, Psychiatrists, Social Workers, etc.)
- Educators, School Counsellors & University Faculty
- Health Administrators & Public Health Experts
- Policy Researchers & Students in Psychology, Health, or Education
- Corporate HR and CSR Professionals
- Individuals with Lived Experience or Caregiver Roles
- Thought Leaders & Change Makers in Mental Health
- Students

#### **MEMBER BENEFITS**

- Access to Learning Events Attend expert webinars or lectures annually on emerging themes in mental health and policy.
- **Community Engagement** Participate in ISMHAA awareness campaigns, mental health initiatives, and global observances throughout the year.
- **Networking Opportunities** Connect with like-minded professionals, educators, and advocates through ISMHAA's open forums and group discussions.
- Certificate of Annual Membership Gain formal recognition as part of the ISMHAA network of global mental health advocates.
- Early Information on Events Receive advance notifications and limited discounts for upcoming conferences, summits, and training programs.
- Inclusion in the ISMHAA Community Network Be part of an international movement working to advance mental health education, advocacy, and action.
- **Volunteer Opportunities** Participate in community-based awareness drives and contribute to ISMHAA's outreach projects.
- **Pathway to Life Membership** Annual Members enjoy a seamless option to upgrade to Life Membership, gaining access to advanced privileges, leadership opportunities, and lifelong global recognition.













JOIN ISMHAA, UNITE FOR ADVOCACY, RESEARCH, AND ACTION TO ADVANCE MENTAL HEALTH FOR ALL.



INTERNATIONAL SOCIETY FOR MENTAL HEALTH ADVOCACY AND ACTION

WWW.ISMHAA.ORG









